

8. Grossglockner ULTRA-TRAIL powered by DYNAFIT

THE MOST CHALLENGING TRAIL-COMPETITION OF THE EASTERN ALPS

Single trails, craggy glaciers and the alpine landscape of the Hohe Tauern National Park: The Grossglockner ULTRA-TRAIL powered by DYNAFIT (GGUT) is one of the best-known trail competitions in the Alps, leading on high-Alpine trails around the highest mountain in Austria. From July 27th to 30th, 2023, the GGUT invites you to the eighth round with DYNAFIT as the main sponsor - for the first time with a speed and a children's trail in the program.



The GGUT is known for demanding, alpine terrain, but also for the sensational landscape around Austria's highest mountain. Pic: Philipp Reiter

The Grossglockner ULTRA-TRAIL powered by DYNAFIT (GGUT) is considered the most demanding trail competition in the Eastern Alps and is undoubtedly one of the most well-known in the Alps. From July 27th to 30th 2023, the GGUT invites professional and amateur runners from all over the world to Austria's highest mountain for the eighth time. The spectacular alpine single trails in the Hohe Tauern National Park around the Großglockner (3,798 m) has become a meeting place for the international running community. Since the first edition, DYNAFIT has been happy to support the event as the main partner.

Five high alpine Trail Competitions and Mini GGUT for Trail-Kids

A total of five routes lead through the Hohe Tauern National Park this year: from the classic, the Grossglockner ULTRA-TRAIL with 110 kilometres and 6,500 meters in altitude, to the new

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speed trail, the Kaprun Scenic Trail. With 14 kilometres and 1,000 vertical meters in altitude, the Kaprun Scenic Trail leads to the most beautiful views in the Kaprun Valley. The Mini-GGUT is back in the program: On Saturday, July 29, kids have the opportunity to let off steam in the 1.3 km or 3.4 km run and experience the first trail ambience in the middle of the mountains of Kals am Großglockner sniff. All runs are characterized by a unique scenic route - always in view of the imposing Grossglockner.

The CLASSIC: Grossglockner ULTRA-TRAIL (GGUT 110)

110 km, 6,500 meters in altitude, through 3 federal states, past 14 glaciers, surrounded by around 300 peaks more than 3,000 meters high - the Grossglockner ULTRA-TRAIL 110 is one of the most demanding, but also most scenic ultra-trails in the Alps and is rightly so as the supreme discipline of the event. The tour on the "Glockner Circuit" runs through technically demanding and high alpine terrain, four passages are at an altitude of over 2,500 meters. There are 5 ITRA points for the Grossglockner ULTRA-TRAIL.

Elite Runners @GGUT 2023

Jakob Herrmann (AUT), Kirsten H. Amundsgaard (NOR), Maria Purschke (GER), Andre Purschke (GER) and Miria Meinheit (GER) are among the main sponsor DYNAFIT team. The two winners of the Osttirol Trail, Jordi Gamito Baus (ESP) and Hekmatulla Darwishi (AFG), will also start again at the GGUT at the end of July.

Grossglockner ULTRA-TRAIL powered by DYNAFIT - KEY DATA

- DATE: July 27 - 30, 2023
- Venue: Zell am See-Kaprun, Kals am Großglockner, Uttendorf-Weissee (Austria)
- Runners: around 2.000 runners from more than 40 nations
- Races:
 - Grossglockner ULTRA-TRAIL (110 km, 6.500 hm, 5 ITRA-Points)
 - Osttirol Trail (84 km, 5.000 hm, 4 ITRA-Points)
 - Grossglockner Trail (57 km, 3.500 hm, 3 ITRA-Points)
 - Weissee Gletscher Trail (35 km, 1.500 hm, 2 ITRA-Points)
 - NEW* Kaprun Scenic Trail (16 km, 1.000 hm)
 - Mini-GGUT (1,3 / 3,4 km, 20 / 120 hm)

Explore www.ultratrail.at for more information