

GGUT Covid19 Prevention for runners and spectators

We have created a comprehensive COVID19 prevention concept based on the applicable legal regulations. The key point is the 3-G rule (vaccinated, tested or recovered), you can only start or take part directly as a spectator with such evidence. See below for details.

Our goal is to provide a safe event in any perspective: Thus, our preventive measures go beyond the legal regulations. In terms of our high service level, we regret this ourselves, but safety in this sense also has absolute priority. This affects the following areas / requirements:

We cannot offer showers and the recovery area in the sports hall this year

- The presentation of top runners will be recorded on video and will be broadcast live
- Different time slots of the GGT 55 and OTT 80 / GGUT 110 at the bib distribution on Friday
- No self-tests and reduction of the time interval between the test before the start number issue / admission as a spectator.
- Recommendation to wear mouth and nose protection in closed rooms such as the distribution of race numbers or toilet facilities.
- The award ceremony takes place as a small-scale award ceremony
- In addition to the 3-G certificate, it is compulsory to wear mouth and nose protection on the buses.
- Use of disinfectants at the refreshment stations.

1. COVID-19 prevention and access as runner or spectator

For your participation in the races, according to Austrian law 3-G rule applies: Vaccinated, recovered or tested. Thus, participation in GGUT 2021 as a runner or spectator is only possible with such proof. In order to get your bib you need to have a proof that you are recovered from Covid19 (valid 6 months after recovery), that you are vaccinated (fully vaccinated or your first vaccination was 22 days ago) or that you are tested (PCR or antigen tests). With regard to the duration of the race, tests have to be not older than 12 hours before you pick your bib or get your access as a spectator. Zell am See-Kaprun offers daily testing facilities.

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The same 3-G-rule (vaccinated, recovered or tested) applies for spectators in the start and finish areas or at the supply stations. In order to enter there as a spectator you need to have a friendship ribbon which you receive by showing your 3-G-proof at the GGUT-Info booth.



IMPORTANT: Even when you show compliance with the 3-G-Rules with your friendship ribbon, according to the current regulations you have to carry the evidence for compliance with the 3-G-Rule (vaccinated, tested or recovered) all the time during the event with you.





2. Contact Tracing Spectators

In compliance with the legal requirements all necessary data for contact tracing are already in our system.

As a spectator with direct access to start and finish and supply stations in addition to show compliance with the 3 G rules, we have to collect your contact data. You will have to fill in this form when picking up your friendship ribbon spectator at the GGUT Info Booth.

Contact Tracing
Formular zur Kontaktpersonen – Nachverfolgung bei Covid-19
(Verdachts-) Fällen für Besucher der Veranstaltung

Name / name	
Telefonnummer / phone number	
Adresse / address	
Emailadresse / e-mail address	

Datum und Uhrzeit des Besuchs / Date and time of the visit

In order to simplify processes you can download and fill in the form prior to your admission as a spectator (spectators only, not necessary for runners). <https://www.ultratrail.at/english/infopoint/info-covid-19/>

3. NEW Time Solts Bib Distribution Friday

With regard to our prevention concept there are different time slots for your bibs on Friday

- GGT 55: 11.30 – 13.00, 16.00 – 17.30 und 19.00 – 20.00
- GGUT 110 / OTT 80 10.00 – 11.30, 14.30 – 16.00 und 17.30 – 19.00

With regard to our joint responsibility for prevention, we recommend to wear a mask in the rooms of the bib distribution.

Pick-up of bibs on the race day will still be possible for GWT 35 (Enzingerboden) and GGT 55 (Kals). With regard to comprehensive checks (3 G, obligatory equipment we kindly ask you to pick up your bib the day before).

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4. Rules of conduct during the race:

General hygiene measures

- Observe general and already practiced hygiene measures such as hand washing.
- Respect that others are careful with the virus and keep your distance

Buses

Mandatory use of a mask when travelling with the busses

Supply Stations

- Hand disinfection when accessing the refreshment stations.
- Use the cutlery and plates provided for you for self-service
- Respect the distance to others when eating drinks or food

Dear friends: have a great race and let's stay healthy in every way!

