

TRAIL RUNNING RACE ON THE HIGHEST MOUNTAIN IN AUSTRIA
5th GROSSGLOCKNER ULTRA TRAIL
POWERED BY DYNAFIT, JULY 26-28, 2019



The Grossglockner trail Ultra Trail (GGUT) is entering its fifth round: From July 26-28, 2019, the entire region surrounding the highest peak in Austria will again be completely focused on trail running. Mountain endurance specialist DYNAFIT has been a part since the first edition and again is supporting the event this year as the proud lead sponsor. Inside of the shortest time, the Grossglockner Ultra Trail has established itself as a unique running event for both pros and recreational athletes and enjoys huge popularity in the community. From the dreamy backdrop of the Eastern Alps and in view of the majestic Grossglockner, five events will be put on, each a different distance with a different course profile.

The **pinnacle event** of the competition is the **Grossglockner ULTRA-TRAIL** at **110 kilometers** and **6,500 meters of climbing**. The run counts among the most demanding ultra trail runs in the Alps but is also among those with the most beautiful scenery. The course largely follows what is known as the "Glockner Circuit" -- the circle route around Austria's highest mountain, the Grossglockner (3,798 meters / 12,461 ft). The start and finish of this ultra is in Kaprun, in the Pinzgau region in the state of Salzburg. With its technical and in part quite demanding terrain, very strong psychological and physical resilience is a must. The 110k race can be completed either individually or as a two-person team with the handoff in Kals. And to keep fans of shorter distances just as happy, the GGUT offers three additional courses and thus a **total of five races**:

- Großglockner **Ultra-Trail GGUT 110**: 110 kilometers, 6,500 meters of climbing
- Großglockner **Ultra-Trail GGUT 110I2**: 110 kilometers, 6,500 meters of climbing as a two-person team, with the handoff in Kals.
- Großglockner **Trail GGT 75**: 75 kilometers; 4,000 meters of climbing
- Kalser Tauern **Trail KTT 50**: 50 kilometers; 2,000 meters of climbing
- Weißsee Gletscherwelt **Trail GWT 30**: 30 kilometers; 1,000 meters of climbing

The **starting** gun goes off for the GGUT on **Friday, July 26 at 10 p.m. in Kaprun**. The three shorter events are scheduled for Saturday. The GGT 75 will kick off at 5 a.m.

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International pros and recreational runners at the Grossglockner Ultra Trail 2019

For this fifth edition of the race with its five events, organizers are expecting a total of approximately **2,000 participants** from more than **40 countries**. All can expect an attractive participant gift from lead sponsor DYNAFIT. In addition, the mountain endurance specialist is sending numerous athletes, men and women, as well as employees and trail heroes to take part. Among them are familiar names such as **Anna Comet** (ESP), **Malene Blikken Haukoy** (NOR), **Johanna Erhart** (AUT), **Gerhard Schneider** (CH) and **Konrad Lex** (DE). Also registered are additional stars of the international trail running scene such as **Pau Capell**, **Eva Maria Sperger**, and **last year's winner Thomas Farbmacher**. After five new best times were set last year despite record heat, organizers and sponsor DYNAFIT are fired up even more over the fifth edition of the Grossglockner ULTRA TRAIL.

Hubert Resch, founder and chairman of the management team said, *“The Grossglockner ULTRA TRAIL has secured a firm spot on the running calendar of both pros and recreational athletes. The backdrop is simply beautifully picturesque. We are surrounded by 300 peaks more than 3,000 meters high. The course is varied and sometimes also quite technically demanding. With our five different distances, every one of our athletes with different needs and experience can find what's right for them. Last year, the magic time barrier of 15 hours was significantly undercut in the 110k race. Indeed, the bar is high and we are all on the edge of our seats to see what the 5th Grossglockner ULTRA TRAIL has to offer.”*

DYNAFIT Special edition: Grossglockner ULTRA Trail Running Collection

DYNAFIT is looking forward to the continuation of the partnership and a high-profile trail running event. The brand for mountain endurance athletes 100% identifies with the competition in high-alpine terrain, that puts the gear of participants under a bit of stress too. Commemorating the fifth anniversary, DYNAFIT came up with a pretty special gift and is dedicating to the GGUT its own collection that is especially designed to meet the high demands of long trail runs. This well-engineered line will make the pulse of ultrarunners race with its technical refinements, the highest performance and intelligent features. At the same time, pieces are also impressive with their extraordinarily sporty looks in a **camouflage design**.

Download high-res photos of the DYNAFIT Großglockner Ultra Trail Collection here: <https://bit.ly/2K0iR1G>
Further information and media photos of the Grossglockner Ultra Trail is available at www.ultra-trail.at